



FoCC Incorporated April 2019 News Update

Issue Number 54

News Update Features

- Parks Victoria appoints Heather Grenon as Healthy People Program Coordinator for Woowookarung Regional Park.
- 2. FoCC April General meeting report
- 3. Pick My Project preparation moves forward
- 4. Planned burn and works
- 5. More minor grass trees (Xanthorrhoea Minor)
- 6. Dementia friendly Forest Sensory Trail planning moves forward.
- 7. Bureau of Meteorology sessions
- 8. There are Koalas in the Park and Corridor
- 9. Heritage Mining walk
- 10. More bollards
- 11. Welcome to the Friends of Edwards Point
- 12. Stop Press June 19th Forum featuring Dave Mitchell
- Landscape ecologist of the Australian Koala Foundation 13. 2019 Membership

1. <u>Parks Victoria appoint Heather Grenon as Healthy</u> <u>People Program Coordinator for Woowookarung</u> <u>Regional Park.</u>

Parks Victoria has recently appointed Heather Grenon as a part-time Healthy People Program Coordinator for Woowookarung Regional Park. In this role, Heather will help connect people with the park for health and wellbeing benefits (the 'Healthy People' aspect of "Healthy Parks Healthy People").

Research tells us that being in nature also encourages people to appreciate the environment, care for it and advocate for it – meaning that the health of the park increases as the wellbeing of the local community does!

Heather's focus for the next few months will be on the development of the dementia-friendly Forest Sensory Trail and building connections with park users and stakeholders, including Friends of Canadian Corridor.

Heather has spent the last 11 years at Federation University, lecturing in Outdoor and Environmental Education, and is concurrently working at both Parks Victoria and Fed Uni. This complementary arrangement brings together many passions including teaching, programming in the outdoors and community engagement, all through the natural world. Heather is also part way through her PhD which is looking to examine any change in the resilience and wellbeing of people who use Woowookarung.

If you have any thoughts or questions about the possibilities in Woowookarung Regional Park, or have some skills you think could be useful in the future of the park, please let her know!

Healthy People Program Coordinator, Ballarat Mob: 0332 329640 Email: heather.grenon@parks.vic.gov.au

 FoCC April General meeting was held at 7pm Wednesday April 17th 2019 at Earth Ed Centre Olympic Avenue Mt Clear.

Alex Schipperen Park Ranger explained Parks Victoria have been very busy this year with the successful planned burn being conducted on Friday April 12th. The burn was in the same area where grasstrees were lightly burnt two years ago in preparation for the burn



- Heather Grenon the newly appointed Healthy People Program Coordinator for Woowookarung Regional Park spoke about her role and the preparations for the Dementia friendly forest sensory trail.
- The "Rifle Range" was the focus of a recent visit organised by FoCC. The Rifle Range is private property and permission was given by the owner for a small group to visit. Within the range are extraordinary heritage rifle range structures dating from the Boer War and the First World War period. The structures are complete and are worthy of heritage protection. Within the range there are significant sections of heathy dry forest and a section of quite rare Grassy Valley EVC. The centre of the range contains Lal Lal Drain creek, a designated waterway. Bob explained the idea of the Rifle Range being split into two parts with the western end being developed as residential property and the eastern end being considered for inclusion into the Park. Note: The Rifle Range is currently owned by Rifle Range Developments P/L and it was with their express permission that the FoCC group visited the site.

See the attached brochure to imagine the possibilities of the rifle range.

3. Pick My Project preparation moves forward

Contact: Heather Grenon, Parks Victoria

The PMP nature trail is having the trail Cultural Heritage assessment undertaken. Landscape Architects Thomson Hay is assisting with the rail path.

4. Planned Burn and works

Forest Fire Management Victoria undertook planned burns in the Woowookarung Regional Park along Clay Rd, Clayton St and Boundary Rd area on Friday April 12th. The grasstrees in the area had their skirts touch burnt a couple of years back.



The burn at 4.22pm from the Sovereign Hill lookout



And at 5.56pm from Kline St.



Photo points 1, 2, 3 and 4



Photo point 1 before



Photo point 1 after



Point 2 Cnr of Clay Rd and Boundary Rd



Point 3 Cnr Foos Lane and Boundary Rd



Point 4 opposite the North Gate

5. More minor grasstrees (Xanthorrhoea Minor)

Directly opposite planned burn photo point 4 is a large group of minor grasstrees (Xanthorrhoea Minor).

This is the third grouping of minor grasstrees within that area of the park. The other groups are just off the Bakers Rd and Elsworth St junction and the other on the north side of the Rifle Range.

Minor grasstrees are notable for having no trunk, the leaves sprout from the ground base. The spike (outlined in red) is very slender roughly about 15mm thick at best.



6. <u>Dementia Friendly Forest Sensory Trail planning</u> <u>moves forward.</u>

The dementia friendly trail planning is now well underway. Parks Victoria held planning workshops with the Landscape Architects, people living with dementia, the health sector and community members on March 28th at Earth Ed Centre Mt Clear. See the below website for more info!

https://www.dementiadaily.org.au/forest-trail-brings-quietrelief/

Forest trail brings quiet relief

The Woowookarung Regional Park in Ballarat, Victoria, is slowly being transformed to include a dementia-friendly native sensory garden/sensory cue trail.

The Ballarat Dementia-Friendly Advisory Group aims to create a safe space for people living with dementia, as well as creating a blueprint for how other communities could establish similar trails.

In this video we share the planning and thought behind the trail. It also features people living with dementia, community members, and the project team talking about their shared vision for the future. A second video, which will focus on the trail's establishment, will be filmed in coming months.

Dementia Australia thanks everyone who participated in the filming of this video. For more information on projects working to create dementia-friendly communities, please visit **dementiafriendly.org.au**.

Posted: April 15th, 2019

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7. DELWP - Bureau of Meteorology sessions



The Department of Environment, Land, Water and Planning invites you to join in:

'A Climate Journey'

During this series of forums in Ballarat and Horsham, you can find out more about our changing climate from experts including the Bureau of Meteorology and CSIRO.

Forum one with the Bureau of Meteorology - The Past

Ballarat—14 May 2019, Mercure Ballarat @ 6.30pm—8.30pm

Horsham—15 May 2019, The Grains Innovation Park @ 6.30pm—8.30pm For details and to RSVP visit <u>AClimateJourneySeriesDELWP.eventbrite.com</u> or call 136 186

Bureau of Meteorology - State of the Climate – Why should I plan for climate change?
• Why does climate change matter?
 How climate change affects (or doesn't) different variables
 What can you do to improve preparedness and what is the response?
Clear impacts that are already apparent
• Why does 1°C matter?
 Australia's changing climate – when trends and variations come together
The effects of our changing climate are already being experienced across Victoria, including
reduced rainfall and higher than average temperatures.
Adapting to the impacts of the changing climate and managing current and future risks is
critical to building resilience in our communities.

More info: <u>https://www.eventbrite.com.au/o/a-climate-journey-series-department-of-environment-land-water-amp-planning-19954462264</u>

8. There are Koalas in the Park and the Corridor

Last month FoCC published a map of where Koalas have been observed in the Corridor. If you see koalas please record time, place and hopefully an image. Send to <u>foccinfo@gmail.com</u>

A juvenile Koala spotted just north of Katy Ryans Rd on 26th March 2019.



Image C le

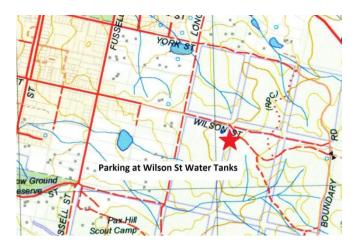
9. Heritage Mining walk

Yep! It is on again this year, on Sunday May 26th. Last year over fifty local people came on a walk to see Ballarat's best kept closest mining heritage sites.

The Heritage Mining Walk in Woowookarung Regional Park will begin at the Water Tanks on Wilson St Canadian, before heading south past Pax Hill to the edge of the Rifle Range, into the centre of the park, viewing the extensive mine workings, shafts, adits, water races, dams, sluicing sites and exquisite geology of the area along the way. The walk will return to the Wilson St water tanks via the Skyline Trail adjacent to Boundary Rd.

The walk length is 8km, takes about 3 hours, is medium rated and includes some off trail walking over and along gullies and hills requiring solid footwear and rain protection. Refreshments provided at the end.

Meeting point: Wilson St Water Tanks, Wilson St East, Canadian at 1pm, Sunday May 26th 2019. Registration appreciated but not required. Details Jeff Rootes 0408509591 or foccinfo@gmail.com



Star indicates meeting point.

10. More Bollards

Extra bollards have been placed around the North and South gates. The bollards are designed to stop unauthorised vehicle entering the park land between Bakers Rd and Clayton St and the east end of the rifle range.



11. Welcome to the Friends of Edwards Point

Over the past few years the FoCC and the Friends of Edwards Point interests have coincided. Both Friends groups were at the Parks Victoria Kookaburra awards back in 2016 and many of the urban/reserve interface issues are similar.

Edwards Point Nature Conservation Reserve protects the last remaining stand of coastal woodland on the Bellarine

Peninsula. From coastal woodlands to a magnificent coastline, the reserve is home to a vast array of indigenous plants and animals. The reserve is an exciting destination for outdoor enthusiasts and boasts natural beauty and a feeling of remoteness.

For those wondering the map below shows where Edwards Point is and the nearest town is St Leonards.



12. <u>Stop Press – June 19th Forum featuring Dave Mitchell</u> <u>Landscape Ecologist of the Australian Koala</u> <u>Foundation</u>

The 2019 FoCC Forum to be held in June will feature Mr Dave Mitchell, Landscape Ecologist with the Australian Koala Foundation.

Dave was involved with the City of Ballarat a decade ago in the establishment of the award winning City of Ballarat Koala Plan. Dave will be talking about the AKF's work and opportunities to re excite Ballarat's Koala Plan. More details in due course



13. FoCC Membership 2019

Many thanks to the large number of friends who have renewed their 2019 membership. Receipts have been hand delivered or sent out by email.

<u>Note</u> Two wonderful friends have paid their membership but forgot to put their name on the bank slip. If you paid earlier this year and did not get receipt please contact Jeff 0408 509591 or Treasurer Peter – 0475 204161

Membership is good way to ensure the Friends are viable and strong to keep the Park and corridor in good order. Membership is offered to individuals to become a formal Friend of the Canadian Corridor for \$20 per calendar year.

- Groups may be represented by one or more individual Friends.
- For those who simply wish to remain on the information sharing email and news update list as a friend need to take no action.

FoCC facebook

Rob at webmaster@focc.asn.au is now overseeing the FoCC Facebook page.

www.facebook.com/friendsofcanadiancorridor/

Currently we have just over 266 friends on facebook and growing. Feel free to add and pass on to other friends and press the like button.

2019 draft calendar

- May 14th DELWP presents "A Climate Journey" at the Mercure, Ballarat. Reservations necessary.
- May 26th 2019 2pm Mining Heritage walk
- June 19th 2019 FoCC Koala Forum Featuring Dave Mitchell of the AKF
- July/August 2019 Tree planting
- August 21st 2019 General meeting
- August 25th North to South walk
- October 16th 2019 Annual Meeting
- October 22nd Wildflower walk and pop up trail
- December early Christmas at the lookout

The FoCC update is published on behalf of the Friends of Canadian Corridor Incorporated, Registered No A0097535B. Circulation this issue is 426.

The update is generally published monthly. Friends wishing to add articles to the FoCC update may do so by emailing <u>foccinfo@gmail.com</u>

Feel free to circulate widely including doctors waiting rooms, work offices, friends and neighbours.

Any opinions expressed in the publication are those of the editor and do not officially represent Parks Victoria or the FoCC.

Web - www.focc.asn.au Facebook https://www.facebook.com/friendsofcanadiancorridor/

Unsubscribe by emailing the editor foccinfo@gmail.com

Friends of Canadian Corridor Incorporated

Registered number A0097535

Membership Application 2019

Individual membership of the FoCC runs from January 1st to December 31st each year at a cost of \$20 per year Community groups may be represented by individual members.

First Name: Last Name:		
Last Name.		
Name of Group		
represented: (if applicable)		
Address first line:		
Address second line:		
Town/City: State:	Post Code:	
Home Phone:		
Mobile phone:		
Email address:		
-	tion and abide by the FoCC committee of Management	
decisions		
Applicants signature:		
Date:		
Applications may be sent by email to <u>foccinfo@gmail.com</u> or by mail to the Treasurer		
(address below)		
Payment may be made by		
1. Bank transfer to detai	ls: BSB 06 3502 Account No 10955630. Note: Note: Please	
add your name to the bank transfer and email <u>foccinfo@gmail.com</u> a copy of this		
application form or your name and the date of the transaction.		
2. Payment to the Treasurer at a FoCC meeting		
3. Cheques to made out to "FoCC Incorporated" and addressed to:		
FoCC Treasurer		
PO Box 83,		
Mt Clear Vic,		
3350.		



Date Received: Amount \$

Receipt No